

PEANUT AND NUT FREE MEALS

Monday

French Bread (or other) Pizza  
Fruit/Juice  
Veggie  
Milk

Tuesday

Hot Dog  
Whole Wheat Roll  
Veggie  
Fruit/Juice  
Milk

Wednesday

Baked Chicken Bites  
Whole Grain Roll  
Veggie  
Fruit/Juice  
Milk

Thursday

Hamburger or Cheeseburger  
Whole Grain Bun  
Lettuce, Tomato and Pickle  
Veggie  
Fruit/Juice  
Milk

Friday

Pizza or Chicken Caesar Wrap  
Veggie  
Fruit/Juice  
Milk